

# Student Work Sheet



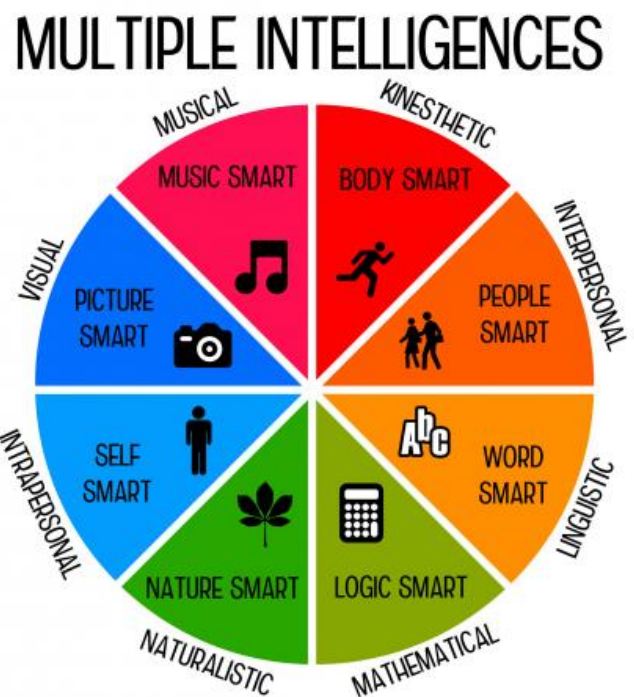
Now that you have listened to James Shone's presentation, we'd like you to think about the following questions and write down your answers.

## 1. Where should I have a growth mindset?

This involves thinking about areas in your life where you can improve. What would you like to become better at, or try harder at? What might you previously have thought is a 'no way' for you which you might now consider having a go at?

## 2. What is / are your types of intelligence?

Have a look at the intelligence wheel and have a think about where you sit. Write down some ways in which you can demonstrate your areas of intelligence. How could you do more of this?



## 3. What is your area of passion?

Where are you most happy? Is it while you're doing sport, something creative, something technical, when you're out with nature, socialising with friends, studying, baking, gardening etc etc? Think about what brings you alive and how you can do more of it.

## 4. What might your dreams for the future be?

In a perfect world what job might you do? Where would you live? How would you like to spend your life? Remember, think realistic, that way dreams can be achieved!